



Spring Turf Treatment

Help awaken your lawn from its winter slumber with a spring treatment. Here's a step-by-step guide:

- 1 Do a lawn audit**
Check the state of the grass. How does it look? Is it still full and packed, or does it look worn out, have patches, look diseased or even deceased in places? This will all help determine the kind of treatment it needs.
- 2 Cut it down**
Lawn should be cut right down to remove any dead foliage, commonly known as thatch build-up.
- 3 Give it a good raking**
This helps remove winter leftovers, such as fallen leaves and other debris. Raking also helps to loosen matted patches of grass and lifts dead grass completely, which could otherwise choke new growth. Just take care to use a flexible rake, as opposed to a rake with stiff tines that can damage healthy grass.
- 4 Eliminate pests, weeds and disease**
Treat any lawn disease and deal with pests and weeds proactively. There are many effective products on the market and a good nursery or landscaping expert can help advise you. If you prefer more organic treatments, simple household products such as vinegar, cayenne pepper and bicarbonate of soda mixed with salt, for example, can act as a deterrent to common pests.
- 5 Aerate it**
Lawn that is especially worn out and patchy will benefit from the creation of air pockets (known as aeration) so that whatever treatment you put on top of your lawn can access or seep down into the soil. Aeration helps promote circulation and water penetration for better nutrient absorption and root growth. It should be done with a spike roller or a garden fork in a smaller garden.

- 6 Dress the lawn**
By lawn dressing, we mean a mix of compost, bark and even fertilizer to some degree, spread out on top of your lawn, to help give it a boost. A top dressing can improve a soil's biology by adding organic matter and the beneficial microorganisms found in compost. The best way to manage lawn nutrition is to supply the turf with adequate levels of all the nutrients it might need – which is why it's so important to get your lawn dressing from a trusted supplier.
- 7 Just add water**
After dressing your lawn, you need to water it. This cannot be stressed enough, otherwise the lawn dressing will burn the grass, rather than seep down into it as it should.
- 8 Fertilize**
Apply a good quality lawn fertilizer to ensure optimum growth and prolonged lawn health.
- 9 Mow smart**
There's nothing like the smell of freshly-mown lawn. Just don't cut your grass too short / too low, as this can stunt root growth and also promote weeds. Taller, fuller grass has a better root system and will better hold on to moisture in the soil.

A good spring treatment will help your lawn respond to spring's wake-up call in the best way possible.



Should you need help or more advice about how to prepare your turf for a season of healthy growth, feel free to contact us:

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